AGREEMENT OF RELEASE AND WAIVER OF LIABILITY

I agree to the following:

- 1. That I am voluntarily participating in the yoga retreat offered by Rita Murti and Jennifer Hoffman (for the specific yoga retreat destination, dates, and pricing that I have selected) during which I will receive instruction about yoga and health. I recognize that yoga requires physical exertion, which may be strenuous. I am fully aware of the risks and hazards involved and participate at my own risk.
- 2. That it is my responsibility to consult with a physician prior to attending the retreat regarding my participation at the Yoga Retreat. I represent and warrant that I am physically fit and have no medical condition, which would prevent my full participation in the retreat experience.
- 3. That I will assume full responsibility for any risks, injuries, or damages, known or unknown, which I might incur as a result of participating in the Yoga Retreat program. This includes, without limitation, my use of the facility and any pool, whirlpool, sauna, parking area, sidewalk, hiking path or any equipment in the facility and my participation in any activity, class, program, excursion or instruction.
- 4. I agree that I am voluntarily participating in the Yoga Retreat and using the facilities and premises and assume all risk of injury or death to me or the contraction of any illness or medical condition that might result, or any damage, loss or theft of any personal property. I agree on behalf of myself (and my personal representatives, heirs, executors, administrators, agents and assigns) to RELEASE AND DISCHARGE Rita Murti and Jennifer Hoffman (and their affiliates, employees, agents, representatives, successors and assigns) from any and all claims or causes of action (known or unknown) arising out of my participation in the Yoga Retreat (including, but not limited to, our negligence). This Release and Waiver of liability includes, without limitation, injuries which may occur as a result of (a) my use of any exercise equipment or facilities which may malfunction or break, (b) our improper maintenance of any exercise equipment or facilities, (c) our negligent instruction or supervision, (d) my slipping and falling while in the facility or on the premises, and (e) my travel to or participation in the Yoga Retreat. I acknowledge that I have carefully read this Release and Waiver of Liability and fully understand that it is a release of liability. I am waiving any right that I may have to bring a legal action to assert a claim against us for our negligence.
- 5. I agree that neither I nor any person or entity acting on my behalf has or will file, charge, claim, sue or permit to be filed, charged or claimed, any action for legal or equitable relief against Rita Murti and Jennifer Hoffman involving any matter occurring at any time or related in any way whatsoever to traveling to or participating in the Yoga Retreat.
- 6. I understand the cancellation policy.
- 7. We will be taking photographs and videos of the Yoga Retreat for marketing and promotional purposes. You consent to us taking those photographs and videos and grant us the royalty-free right to use them for those purposes. If you would like to be excluded from photography/videography during the event, please let us know ahead of time and we will do our best to accommodate you.

NOTICE TO PARTICIPANT: Do not sign this Release and Waiver of Liability before you read it.

RELEASE AND WAIVER: This contract contains a RELEASE AND WAIVER in Paragraph 4 to which you will be bound.

I have read the above Release and Waiver of Liability and fully understand its contents. I voluntarily agree to the **terms and conditions stated above**.

I agree to the terms and conditions. (Check box)